

Friday, June 9, 2023

- ◆ **Registration/Breakfast (on-site)** 7:30am -- 4:00pm
- ◆ **Recognition and Management of Exertional Heat Stroke (zoom)**
Rebecca Lopez, PhD, ATC, CSCS, FNATA 8:30am – 9:30am
- ◆ **Muscle Energy for the Pelvis & Sacrum**
Kendall Stewart, DAT, MS, LAT, ATC, CSCS, CES, PES 9:30am – 10:30am
- ◆ **Break** 10:30am – 10:45am
- ◆ **The Cutting Edge of Foot and Ankle for Athletes: New and Improved**
Joshua Wolfe, DPM, MHA 10:45am – 11:45am
- ◆ **Lunch (on your own)** 11:45pm – 1:00pm
- ◆ **Balancing Act: Prioritizing Mental Health for Both Athletes and Athletic Trainers**
Jenna Banegas, MA, LMHC, CSCS 1:00pm – 2:00pm
- ◆ **It's Always Where Is The Athletic Trainer. Never How Is The Athletic Trainer: The Mental Health of Athletic Trainers**
Victoria Morris, MS, LAT, ATC 2:00pm – 3:00pm
- ◆ **Break** 3:00pm – 3:15pm
- ◆ **Pain Classification Driving Conservative Pain Interventions**
David Gallegos, MA, ATC, Cert MDT 3:15pm – 4:15pm
Andrew Krentz, MA, ATC, Cert MDT
- ◆ **The State of Athletic Training Education in New Mexico**
Kevin Schroeder, DAT, LAT, ATC, FNAP 4:15pm – 5:15pm
Kim O'Connell, MS, LAT, ATC

Saturday, June 10, 2023

- ◆ **Registration/Breakfast (on-site)** 7:30am -- 12:00pm
- ◆ **Anterior Hip Pain: Causes and Treatment**
William Arroyo, MD, FAAOS 8:30am – 9:30am
- ◆ **Anti-Inflammatory Medicine: Naprapathy & Nutrition for a Healthy, Regenerative Lifestyle**
Patrick Nuzzo, DN 9:30am – 10:30am
- ◆ **Break** 10:30am – 10:45am
- ◆ **Difficult to Diagnose Fractures in Athletes: Radiology Perspective**
Andrew Bruner, MD, RMSK 10:45am – 11:45am
- ◆ **Lunch (on your own)** 11:45am – 1:30pm
- ◆ **NMATA Annual Business Meeting**
NMATA Board of Directors 1:30pm – 2:30pm
- ◆ **What's New in ACL Reconstruction**
Michael McGuire, MD 2:30pm – 3:30pm
- ◆ **Break** 3:30pm – 3:45pm
- ◆ **The Power of the JEADI: May the Force be with YOU!**
Kevin Schroeder, DAT, LAT, ATC, FNAP 3:45pm – 4:45pm
- ◆ **Awards Dinner**
Location 6:00pm – 8:00pm

Sunday, June 11, 2023

- ◆ **Registration/Breakfast (on-site)** 7:30am – 11:00am
- ◆ **Ankle Instability: Conservative Approach to Surgical Approach**
Reba Mobarak, DPM 8:30am – 9:30am
- ◆ **Splinting 301**
Ryan Rodriguez, DSC, PA-C, ATC 9:30am – 10:30am
- ◆ **Break** 10:30am – 10:45am
- ◆ **Building an Evidence Based Policy and Procedures Manual**
David Maldonado, MS, LAT, ATC 10:45am – 11:45am
- ◆ **NATA Strategic Plan**
David Gallegos, AT, Cert. MDT, District 7 Director 11:45pm



Symposium Objectives:

At the conclusion of the program, the Certified Athletic Trainer will:

- Discuss mental health techniques and skills athletic trainers to use in the field
- Identify, locate, and implement stress management and mental wellness resources
- Describe and implement best practices in providing equitable health care to diverse patients
- Identify relevant anatomy of the lumbar spine, sacrum and pelvis
- Recognize and discuss common athletic injuries of the foot and ankle
- Recognize pain management identification processes as part of comprehensive therapeutic interventions

According to the education levels described by the PDC, the following continuing education course is considered to be Advanced Level.