

Sunday May 3rd, 2026

- **Registration** 7:30am-8:00 am
- **Welcome and Opening Remarks** 8:00am-8:15am
- **Introduction to Red Light Therapy for Sports Medicine**
- **Mitch Hauschildt, MA, ATC, CSCS** 8:15am – 9:15am
- **Break/Vendor Presentation**
- **Toni VanDePutte, Alert Service** 9:15am-9:30am
- **Optimizing Nutrition for the Injured Athlete**
- **Katie Frushour, RD, CSSD** 9:30am – 10:30am
- **Supplements and Steroids: The Pressure to Perform**
- **Brian Parker, Taylor Hooton Foundation** 10:45am – 11:45am
- **NMATA Annual Business Meeting** 11:45pm – 1:00pm
- **The GLP-1 Experience - Navigating Nutrition, Mindset, Stigma & Support**
- **Summer Kessel, RD, CSOWM, LDN** 1:00pm – 2:00pm
- **Break/Vendor Presentation**
- **TBD** 2:00pm – 2:15pm
- **AI in Athletic Healthcare**
- **David Gallegos, MA, ATC, Cert. MDT** 2:15pm – 3:15pm
- **Break** 3:15pm – 3:30pm
- **Lights & Music & Props - Oh My! Concussion Management Recommendations for Performing Artists**
- **Allyssa Memmini, PhD, LAT, ATC** 3:30pm – 4:30pm



Symposium Objectives:

At the conclusion of the program, the Certified Athletic Trainer will:

- Describe the historical uses of light therapy for health and healing
- Be able to identify dietary supplements that are 3rd party tested and free of banned substances
- Be able to identify the signs and symptoms of anabolic androgenic steroid use
- Understand the impact nutrition status prior to surgery can have on outcomes and enhanced recovery after surgery.
- Describe the risks of concussion in performing arts
- Understand recommended nutrition approaches for clients taking GLP-1 medications
- Recognize and respond to common nutrition concerns in clients taking GLP-1 medications.

According to the education levels described by the PDC, the following continuing education course is considered to be Advanced Level.



REGISTRATION
(Register online at: www.nmata.org/events)

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP CODE: _____

REGISTRATION FEES:

NATA and Non-NATA Member \$35.00 _____

Vendor Registration \$200.00 _____

Total Fees: \$ _____

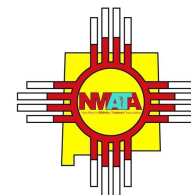
Please send registration fee to:

NMATA
c/o Yvette Pomponi
Treasurer
4215 Altura Vista Ln NE
Albuquerque, NM 87110

Contact: Phone: 505-228-9705 Email: nmatatreasurer@gmail.com

Refund requests will be honored, less a \$10 administrative fee, if written cancelation is received prior to the start of the meeting. There will be no refund after the start of the meeting.

- Returned checks: Checks returned due to non-sufficient funds will be assessed an additional \$10 service charge.



**2026 New Mexico Athletic Trainers'
Association, Inc. Annual Clinical Symposium
and Business Meeting
May 3rd, 2026**

◆The Symposium will be held **Virtually** this year. The Zoom Link will be provided prior to the start of the meeting.

◆Register online at: www.nmata.org/events

The NMATA Symposium is estimated at 6 CEUs. NMATA is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the CE activity.

BOC Provider Number P332

